The Possible Significance of Fructan in Pasture Grass for the Development of Ovine White-Liver Disease (OWLD)

Ovine white-liver disease (OWLD) occurs in vitamin B₁₂ deficient lambs in Norway, but not all deficient lambs develop OWLD (*Ulv-und* 1990a). After one month on OWLD pastures, lambs develop sudden hepatolipodystrophy, while no such changes are found in subclinically B₁₂ deficient lambs on other pastures (*Ulvund* 1990b).

The conversion of propionic acid to succinate requires the vitamin B₁₂ dependant enzyme methylmalonyl CoA mutase. When sheep are fed diets rich in readily fermentable carbohydrates, they, unlike cattle, synthesize branched-chain and odd numbered fatty acids (BCFA, ONFA) in their tissue, due to an overloading of the methylmalonyl CoA mutase system (*Duncan & Garton* 1978). Vitamin B₁₂ deficiency in pregnant ewes resulted in enhanced production of ONFA and BCFA in the tissues of their lambs (*Garton et al.* 1982).

Sutherland et al. (1979) suggested that great intakes of propionate precursors might be significant in OWLD, and Black et al. (1988) proposed that the hepatolipodystrophy might be due to formation of ONFA and BCFA in the liver. MacPherson et al. (1976) and Fell et al. (1985), who obtained OWLD-like changes in experiments on simple Co deficiency, fed a diet rich in readily fermentable carbohydrates.

The amount of water-soluble carbohydrates (WSC) in pasture varies (McGrath 1988). Perennial ryegrass is rich in WSC, the amount is highest in spring-cut grass, and fructan accumulates at an early leafy stage (Beever et al. 1978). Following facts indicate

involvement of WSC in OWLD under our circumstances: Perennial ryegrass grows on the OWLD pastures (S pastures), but not on the pastures where lambs get subclinically B₁₂ deficient (H pastures). The development of hepatolipodystrophy coincides in time with lush grass. Calves did not develop ill-thrift on S pastures (Overås et al. 1977).

In May 1988, groups of 1 month old lambs with their dams were put on S and H pastures (Ulvund & Pestalozzi 1990a). Half of the S lambs were injected every third week with vitamin B₁₂ (hydroxocobalamin, 2 mg im). Blood samples were examined for B_{12} (57Co, Radioassay Kit, Becton Dickinson), and grass sampled during week 21, 26 and 32 was examined for Co (Ulvund & Pestalozzi 1990b). Grass sampling for WSC examination was performed weekly during May-June, then every 2 to 3 weeks. The samples collected and stored by accepted precautions were examined for WSC by the Agricultural University of Norway (As-NLH) with a modified Hulme-Narain's method (Björnson 1962). Reducing carbohydrate (as glucose) and invert carbohydrate (as sucrose) were extracted first by ethanol. The rest (mainly fructan) was extracted with water and hydrolyzed by HCl. Sampling for WSC was repeated the following year (1989), and the fructan content was then looked specificially into, and determined as fructose.

The S lambs and vitamin B_{12} -treated lambs grazing the same pastures (SB_{12}) were slaughtered on Sept. 5, the H lambs on Oct. 5. Liver samples from 5 lambs within each group were frozen and later examined by

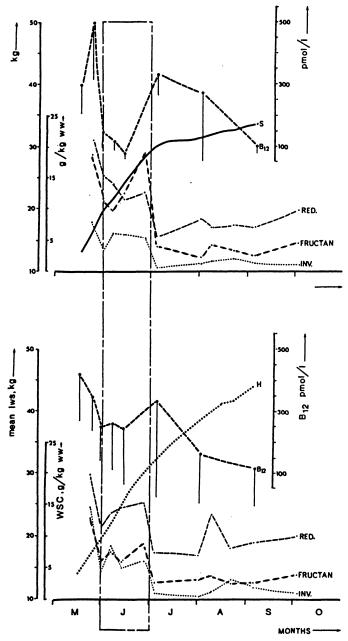


Figure 1. Mean weekly live weights (kg) in 6 untreated lambs grazing OWLD pastures (S) and 24 lambs grazing disease free pastures (H). Mean Plasma vitamin B_{12} values (pmol/l \pm sd) in 6 S lambs and 6 H lambs are also given, as are grass contents of fructan, reducing carbohydrates (RED.) and invert carbohydrates (INV., g/kg ww). The period of increasing active grazing among the lambs after pasture outlet is shown by a line of demarcation.

Ås-NLH, for total lipids and fatty acids. Total lipids were extracted in chloroform/methanol (Folch et al. 1957), fatty acids were estimated according to Welch (1977). Methyl esters were separated by gas chromatography (Dani 8510 GC, Flame ionization detector, Chrompack capillary colonne, CP-Sil-5CB, WCOT Fused Silica). Sigma standards were used for identification, and results given as percent of total lipid.

Results are given in Figs. 1 and 2. During the first 5 weeks on pasture, the grass content of fructan was significantly higher in S grass than in H grass (p < 0.05). When the lambs were from 6 weeks of age and started to graze actively (June), the fructan content in S grass was 12.9 g/kg ww versus 7.3 in the H grass (p < 0.05). At the same time, the content of reducing and invert carbohydrates was at the same level in both (18.5 g/kg ww in S. 19.9 in H grass). In 1989, results revealed even greater differences in fructan content during the first 5 weeks (p < 0.025), and during June, the fructan content determined as fructose was 4 times higher in S grass than in H grass (9.6 g/kg ww versus 2.1).

The S lambs showed reduced weight gain from early July, while the H lambs grew well (Fig. 1). By Sept. 5, the H lambs had on average gained 10 kg more on pasture than the S lambs. This year, grass Co was highest on the S pastures. Grass Co (mg/kg dw) on the S and H pastures respectively was 0.024 and 0.020 during week 21, 0.134 and 0.023 during week 26, and 0.046 and 0.047 during week 32.

The plasma B₁₂ content fluctuated with the grass WSC, especially fructan. This may have implications for the evaluation of reference curves to diagnose cobalt deficiency in lambs. The WSC probably mobilized hepatic B₁₂ reserves.

The percentage of total liver lipids was

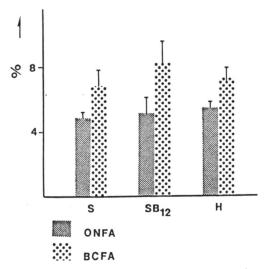


Figure 2. Mean percentages (\pm sd, n = 5) of odd-numbered fatty acids (ONFA) and branched-chain fatty acids (BCFA) in total lipids of livers from lambs with OWLD (S), vitamin B₁₂ injected lambs grazing the same pastures (SB₁₂), and subclinically B₁₂ deficient lambs (H).

highest in the S lambs (3.06 \pm 1.3) as compared with the SB₁₂ (2.32 \pm 0.1) and H lambs (2.28 \pm 0.5). The percentage of ONFA and BCFA of the total lipids was, however, largely similar in all groups (Fig. 2). The lack of a higher percentage of ONFA and BCFA in the S lambs may be due to very little feed intake during the 2 months preceeding slaughter. The SB₁₂ and H lambs had good appetite. In addition, access to WSC was poor as grass content was low throughout July-Sept. both years. An effect of "dilution" of ONFA and BCFA by pre-existing fatty acids cannot be excluded. The higher fructan content in OWLD grass in June may have caused an overloading of the methylmalonyl CoA mutase system at that time, and triggered hepatic lipodystrophy leading to hepatic insufficience, growth reduction and OWLD. No such "fructan trigger" appeared on the H pastures. The re-

sults indicate that the amount of fructan in

pasture grass may be important in the OWLD pathogenesis. Lack of Cu, or a disturbed Cu/Mo metabolism, may be a cofactor (*Ulvund* 1990c). As OWLD may develop in spite of earlier accepted "normal" amounts of Co in the grass, minimum requirements of Co for growing lambs on pastures rich in fructan are probably higher than earlier expected. Further experiments are necessary to evaluate the Co requirements in lambs under similar conditions in future.

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