Acta vet. scand. 1986, 27, 257-266.

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# LUTEINIZING HORMONE (LH) RESPONSE TO DIFFERENT DOSES OF SYNTHETIC GONADO-TROPIN RELEASING HORMONE (GnRH) IN PREPUBERTAL GILTS

By

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ROJANASTHIEN, S., A. KUNAVONGKRIT and S. EINARSSON: Luteinizing hormone (LH) response to different doses of synthetic gonadotropin releasing hormone (GnRH) in prepubertal gilts. Acta. vet. scand. 1986, 27, 257—266. — The object of this investigation was to study luteinizing hormone (LH) response to different doses of synthetic gonadotropin-releasing hormone (GnRH) in prepubertal gilts. Four crossbred prepubertal gilts, 128—134 days old and body weight 57—63 kg, were used in this study. Four doses, 0. 5, 25 and 125 µg, of GnRH were administered via a jugular vein catheter in a latin square design. Each treatment consisted of 3 injections at 90 min intervals. Frequent blood samples were taken during a period of 90 min before up to 90 min after treatment. Total LH responses were measured from post-treatment samples as the area under the curve above base level obtained from pre-treatment samples. A positive relationship between GnRH dose and LH release was obtained in all gilts, except for 1 treatment given to a gilt with high plasma level of oestradiol-17 $\beta$  on the day of treatment. This study has demonstrated the responsiveness of the pituitary gland by LH release to different doses of GnRH in 4.5-month-old prepubertal gilts.

#### pituitary response; LH-RH.

Gonadotropic hormones play important roles in development and function of the gonads. The isolation, identification and purification of gonadotropin-releasing hormone (GnRH) from the porcine hypothalamus was reported by *Schally et al.* in 1971. Since that time GnRH has been used to study the pituitary response and the subsequent ovarian activity in prepubertal gilts (*Chakraborty et al.* 1973, *Foxcroft et al.* 1975, *Guthrie* 1977, *Carpenter & Anderson* 1981, *Flemming & Dailey* 1982, *Trout et al.*  1984 and Lutz et al. 1985). The pituitary response to GnRH varied with the dose in 9—10-week-old gilts (Foxcroft et al. 1975). The relationship between oestradiol and LH response to exogenous GnRH had been previously studied. Pomerantz et al. (1975) reported that oestradiol-17 $\beta$  treatment in 7—8-week-old gilts depresses the pituitary response to exogenous GnRH. Also prepubertal gilts approaching their first oestrus with high levels of oestradiol-17 $\beta$  in their peripheral blood did not respond to GnRH with elevated levels of LH (Andersson et al. 1983a).

Different results have been reported concerning the effect of GnRH treatment on follicular development and ovulation in prepubertal gilts. One injection of 500  $\mu$ g GnRH to 160-day-old gilts induced ovulation (1.3 c.l./animal) in 3 out of 6 animals (*Guthrie* 1977). Andersson et al. (1983a) obtained no ovulation in 6 gilts (141 days old) treated with 250  $\mu$ g GnRH. However, pulsatile injection of GnRH for several days induced ovulation in 1 of 4 gilts (*Carpenter & Anderson* 1981) and 3 of 3 gilts (*Lutz et al.* 1985). The purpose of this study was to determine the LH response to different doses of synthetic GnRH in prepubertal 4.5month-old gilts.

## MATERIAL AND METHODS

Four crossbred prepubertal gilts (Swedish Landrace×Swedish Yorkshire) were used in this study (no. 31, 32, 33 and 34). They were purchased from a commercial herd and brought to the Department of Obstetrics and Gynaecology 1 week before the start of the experiment. They were 128-134 days old and weighed 57-63 kg at the beginning of the experiment. The gilts were housed in individual pens throughout the experimental period and fed according to the Swedish breeding stock standard. Oestrous detection was performed twice daily in the presence of a boar throughout the experimental period. One day before the day of the first treatment (day 1) the gilts were examined by mean of laparoscopy (Wildt 1973) for confirmation that the genital tract was intact and that the ovaries only contained small follicles (2 < 6 mm). A jugular vein catheterization was performed after the laparoscopic examination. Laparoscopic examination of the ovarian status was performed twice more (days 6 and 13 of treatment).

Synthetic GnRH (Lutrelef lyofilisate, Ferring, West Germny) was dissolved in physiological saline to the desired concentra-

tion. Four doses of 0, 5, 25 and 125  $\mu$ g GnRH in 5 ml physiological saline were injected via the jugular vein catheter in a latin square design (*Snedecor* 1966). The treatment was performed at 3-day intervals. Each treatment consisted of 3 injections at 90 min intervals.

Daily blood samples were collected at 9.00 a.m. throughout the experimental period. On the day of GnRH treatment blood samples were collected frequently every 15 min for 6 h from 90 min before the first injection until 90 min after the last injection. All blood samples were collected into heparinized tubes, the plasma was removed after centrifugation and stored in plastic tubes at -20 °C until radioimmunoassays were performed. The daily samples were analysed for the levels of progesterone (*Bosu et al.* 1976) and oestradiol-17 $\beta$  (*Boilert et al.* 1973). The frequently collected samples were analysed for the levels of LH (*Stupnicki & Madej* 1976). The method used for LH analysis has earlier been validated in the porcine species (*Kunavongkrit et al.* 1983).

The LH base level was defined as the arithmetic mean plus 2 standard deviations of the LH values from the samples collected before each GnRH treatment. The total LH response was measured as the area under the curve above base level.

All animals were slaughtered on day 16 of treatment and the reproductive organs were removed and examined macroscopically. The ovaries were fixed in formalin, sectioned and stained by conventional histological methods.

## RESULTS

None of the gilts showed standing oestrus throughout the experimental period, but gilt 32 had a slightly reddish and swollen vulva on days 8 and 9 of treatment. The mean plasma level of LH of the gilts before GnRH tretament was  $0.96 \pm 0.23 \mu g/l$  (range 0.68— $1.38 \mu g/l$ ). A significant elevation of the LH basal level was observed in 25 % of the pretreatment sampling periods, i.e. 1 LH peak per 4 h. The individual responses to various doses of GnRH treatments for all 4 gilts are shown in Fig. 1. A positive relationship between GnRH dose and LH release was obtained in each gilt except for 125  $\mu g$  of GnRH treatment of gilt 32. The duration of maximum LH response to GnRH treatment increased with increasing doses. An example of the



Figure 1. LH response in relation to different doses  $(0-125 \ \mu g)$  of GnRH measured as the area under the curve above base level + 2 S.D. in individual gilts.

LH pattern recorded within 6 h (from 90 min before the first injection until 90 min after the third injection) of gilt 32 is shown in Fig. 2.

The peripheral plasma levels of oestradiol-17 $\beta$  and progesterone for all gilts are presented in Fig. 3. A small elevation of oestradiol-17 $\beta$  level was found only in gilt 32 during days 5—7 of treatment. An increasing level of progesterone occurred from day 13 and 7 of treatment in gilts 31 and 32, respectively.



Figure 2. Gilt 32, plasma LH concentrations in relation to the time of treatment (arrows indicate the time of GnRH injections).

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Figure 3. Peripheral plasma concentration of oestradiol-17β
(O----O) and progesterone (O---O) during the experimental period in 4 gilts (arrows indicate day of GnRH treatment).

The results of the laparoscopic examinations and the post mortem examinations are presented in Table 1. At laparoscopic examination on day 6 of treatment gilts 31 and 33 had only small follicles ( $\emptyset \le 6$  mm), while gilts 32 and 34 had developed some big follicles ( $\emptyset = 8$ —10 mm). The laparoscopic examination performed 3 days after the last treatment (day 13) revealed that gilt 31 had 2 new corpora hemorraghica, 3 follicular cysts ( $\emptyset = 15$ —25 mm) and 7 big follicles ( $\emptyset = 8$  mm), gilt 32 had 3 corpora lutea, 4 follicular cysts ( $\emptyset = 20$  mm) and some small follicles, gilt 33 had only 2 big follicles ( $\emptyset = 10$  mm) and many small follicles ( $\emptyset \le 6$  mm) and gilt 34 had 8 big follicles ( $\emptyset = 8$ mm) and some small follicles ( $\emptyset < 6$  mm).

The results of the post mortem examinations of the genital organs correspond well with the laparoscopic findings 3 days earlier.

		Laparoscopic examination finding		Post mortem finding
Gilts		day 6 of treatment	day 13 of treatment	day 16 of treatment
31	RO	many small follicles	3 follicles Ø 8 mm 1 cyst Ø 15 mm	6 follicles Ø 7 mm 1 cyst Ø 15 mm
	LO	many small follicles	4 follicles Ø 8 mm 2 cysts Ø 18—25 mm 2 ovulated follicles	3 follicles Ø 7—8 mm 1 luteinized cyst Ø 8 mm 2 cysts Ø 20,25 m 2 corpora lutea
	RO	5 follicles Ø 8—10 mm many small follicles	some small follicles 1 cyst Ø 20 mm 1 corpus luteum	9 follicles Ø 8—10 mm 3 cysts Ø 13—25 mm 1 corpus luteum
32	LO	5 follicles Ø 7 mm many small follicles	some small follicles 3 cysts Ø 20 mm 2 corpora lutea	9 follicles Ø 5—8 mm 3 luteinized cysts Ø 20 mm 2 corpora lutea
33	RO	many small follicles	2 follicles Ø 10 mm many small follicles	many small follicles
	LO	many small follicles	many small follicles	many small follicles
	RO	4 follicles Ø 8 mm . some small follicles	many small follicles	many small follicles
34				· :
	LO	2 follicles Ø 7 mm some small follicles	8 follicles Ø 7 mm some small follicles	many small follicles

Table 1. Laparoscopy and post mortem findings in 4 gilts during and after treatment.

RO: Right ovary. LO: Left ovary.

#### DISCUSSION

All gilts in this study were brought to the clinic 1 week before the start of the experiment. Oestrous detection and laparoscopic examination for ovarian status were performed before starting the GnRH treatment to confirm that the gilts were prepubertal.

The mean plasma concentration of LH before each treatment of the 4 gilts in the present study was  $0.96 \pm 0.23 \ \mu g/l$  (range  $0.68 - 1.38 \ \mu g/l$ ), which is in agreement with previous studies on prepubertal gilts at the same age (*Karlbom et al.* 1982, *Flemming* & *Dailey* 1982, *Lutz et al.* 1984). Also the numbers of LH peaks measured are in close accordance with earlier published results (e.g. Andersson et al. 1983b and *Lutz et al.* 1984).

The present results demonstrate the ability of the pituitary gland in the prepubertal gilt (4.5 months of age) to respond to the repeated treatments (90 min intervals) with exogenous synthetic GnRH by releasing of LH into the blood circulation. The result is in agreement with earlier studies in prepubertal gilts (*Chakraborty et al.* 1973, *Carpenter & Anderson* 1981, *Lutz et al.* 1985). In the present study both the magnitude of LH response and the latency following GnRH injection, at which maximal responses were observed, increased with increasing dose of GnRH treatment, which is in close accordance with the finding of *Foxcroft et al.* (1975).

No LH response to 125 µg of GnRH was detected in gilt 32, which might be explained by the high level of oestradiol-17 $\beta$ measured in the peripheral blood in this gilt at the time of this treatment. This result is in accordance with an earlier observation by Andersson et al. (1983a), who injected 250 µg of GnRH into gilts during the follicular phase and found no response of the LH. During the follicular phase in pigs the plasma levels of LH are low, concomittantly with rising levels of oestradiol-17 $\beta$ (Karlbom et al. 1982, Andersson et al. 1984).

Ovulations occurred in 2 gilts (nos. 31, 32) without standing oestrus. This phenomenon also occurs in a few pubertal gilts ovulating spontaneously (Andersson et al. 1982). In gilt 31, the peripheral plasma level of oestradiol-17 $\beta$  was lower than the detecting limit of the assay throughout the experimental period. This might be due to a low oestrogen production in the ovaries and explain why no external oestrous symptoms at all were detected in this gilt. In gilt 32 plasma levels of oestradiol-17 $\beta$  above the detecting limit of the assay were observed on 3 successive days of observation without standing oestrus. This is in agreement with observations made by *Dial et al.* (1983). They found that some prepubertal gilts (135—150 days of age) did not show any oestrous symptoms after treatment with low doses of oestradiol benzoate despite an oestradiol peak in the blood circulation.

In conclusion, this study has demonstrated the responsiveness of the pituitary gland by LH release to different doses of synthetic GnRH treatment in prepubertal gilts 4.5 months of age.

## ACKNOWLEDGEMENTS

This work was supported by grants from the Swedish Council for Forestry and Agricultural Research. A scholarship awarded to S. Rojanasthien by the Swedish International Development Authority (SIDA) is also acknowledged.

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#### SAMMANFATTNING

Plasmanivåerna av luteiniserande hormon efter olika doseringar av ett syntetiskt gonadotropin-releasing hormon hos prepubertala gyltor.

Målsättningen med denna undersökning var att studera frisättningen av LH, efter injektion av olika doser av GnRH, hos prepubertala gyltor. Fyra korsningsgyltor, 128—134 dagar gamla och med en kroppsvikt av 57—63 kg, användes i försöket. Fyra olika doseringar av GnRH — 0, 5, 25 respektive 125 µg enligt "latin square design" injicerades via en permanent jugular-venkateter. Varje behandling omfattade tre injektioner givna med 90 minuters intervall. Upprepade blodprover togs under tidsperioden 90 minuter före första injektionen till 90 minuter efter tredje injektionen. LH-svaret redovisas som ytan under LH-kurvan från en baslinje uträknad med ledning av LH-nivån före GnRH-behandlingen. Ett positivt samband påvisades mellan GnRH-dosen och LH-svaret hos samtliga djur och behandlingstillfällen med ett enda undantag. Vid detta tillfälle var östradiol-17 $\beta$  nivån i blodet hög. Resultaten av denna studie visar att hypofysens LH-frisättning är relaterad till mängden injicerat GnRH hos prepubertala gyltor.

#### (Received February 24, 1986).

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