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# Postpartum Reproductive Performance in Dairy Cows in Relation to Phosphorus Status

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Ropstad E., S. I. Ormsettrø and A. O. Refsdal: Postpartum reproductive performance in dairy cows in relation to phosphorus status. Acta vet. scand. 1988, 29, 347-356. – The levels of inorganic phosphorus in blood samples from two cow populations were related to reproductive performance. Group I comprised 305 dairy cows from 17 herds with normal fertility. The herds were visited every 2-4 weeks. Blood samples were collected from animals between 4 weeks prior to expected calving and subsequent confirmed pregnancy.

The individual mean plasma phosphorus level in samples collected from 0-90 days after calving in cows which conceived following insemination (n = 262) was related to reproductive performance.

Group II comprised cows from 47 herds with reproductive problems. The herds were visited once during the indoor season for blood sampling. Mean herd serum phosphorus levels were related to herd reproductive performance registered during a period from 6 months before to 9 months after the time of blood sampling. Overall mean herd phosphorus levels were 1.51  $\pm$  0.08 mmol/l plasma ( $\pm$ SD) (Group I) and 1.77  $\pm$  0.16 mmol/l serum ( $\pm$ SD) (Group II). In Group I (indivudual cows), the coefficient of correlation between phosphorus levels and elapsed time from calving to pregnancy was low (r = 0.10, p < 0.1). In Group II (herds) significant correlations were observed between the fertility status index (FS), the average number of days from calving to last insemination and phosphorus levels ( $r_s = 0.32$ , P < 0.05 and  $r_s p < 0.05$ , respectively).

The mean herd phosphorus levels were within normal limits in both groups. Although increased phosphorus levels were associated with lower fertility in both groups, the amount of the total fertility variation which could be explained by phosphorus levels was small.

inorganic phosphorus; cattle; fertility.

## Introduction

Most of the phosphorus in the blood is present as organic esters within the erythrocytes. Serum contains about 4.8 mmol phosphorus per liter. About half of this is incorporated in lipids. The most significant fraction of the remainder is present as inorganic phosphorus (*Simesen* 1980). According to Simesen (1980), measurement of inorganic phosphorus provides the most readily determinable index of the phosphorus status of the animals.

Phosphorus deficiency has been shown to be related to reduced fertility (*Theiler* 1933, *Svanberg & Sandstedt* 1944, *Hignett & Hignett* 1951 and 1952, *Morrow* 1969). The same applies to phosphorus excess (*Reiss-hauer* 1971, *Hewett* 1974, *Lotthammer* 1974). According to *Lotthammer* (1982), excess of phosphorus is connected with lowered conception rates, increased frequency of silent oestrus, irregular cycles, and metritis. However, the mechanism by which phosphorus influences fertility is unclear.

The present investigation was undertaken to study possible relationships between phosphorus levels and reproductive performance under Norwegian conditions.

#### Materials and methods

#### Group I

Seventeen dairy herds of Norwegian Red Cattle from the counties of Akershus and Hedmark were studied for 1 year starting in February 1983. The herds were chosen to represent herds with a close-to-normal fertility. Visits were made for blood sampling every 2-4 weeks, selecting cows in the stage between 4 weeks, selecting cows in the stage between 4 weeks prior to expected calving and the next confirmed pregnancy. A total of 1842 jugular venous samples were collected from 305 cows by means of heparinized vacutainers. The plasma was separated immediately and stored at -20° C until analyzed for inorganic phosphorus.

The cattle were fed home grown roughage, mainly grass silage, and a standardized concentrate (Kufôr A, 12.5% protein) was fed as a supplement. In 9 herds, the animals were on pasture during the summer season.

Data concerning stage of lactation, number of lactation and reproductive performance, were obtained from herd recording files. Pregnancy was confirmed by rectal palpation 6 weeks after insemination. When studying the relationship between phosphorus levels and fertility in individual animals, the mean phosphorus values of samples collected from 0-90 days after calving were used. Animals which were slaughtered before a pregnancy diagnosis could be made or for other reasons were not confirmed as being pregnant, were excluded from the final analysis. This was done because very little information was available about these cows. The general impression was, however, that infertility was only one of many other reasons for culling these cows. An end total of 810 samples from 262 animals remained to be related to reproductive parameters.

The following reproductive parameters were registered in individual animals:

- CFI<sub>1</sub> Number of days from calving to first insemination
- CC Number of days from calving to conception
- $BP_{I}$  Length of the breeding period ( $BP_{I}$ = CC - CFI<sub>I</sub>)
- NIC Number of inseminations per conception.

Herd fertility was recorded as described for Material II from January 1983 until March 1984. Herd fertility was related to the mean phosphorus level of all samples collected in each herd.

#### Group II

Forty-seven dairy herds of Norwegian Red Cattle from 14 counties were blood sampled once during the indoor season, from 1982 through 1984. Herd sizes ranged from 11 to 78 cows (i.e. number of animals inseminated), with an average of 26.1. The herds were selected for the study on the basis of reports from local veterinarians and herd owners concerning problems associated either with frequent returns to service, high incidence of ovarian cysts or anoestrus.

Blood samples were taken from a total of 686 dairy cows; 41 dry cows and 645 lactating cows. The number of samples collected in each herd varied according to herd size. In herds with less than 20 cows all cows were blood sampled. In larger herds, 21 cows were sampled, comprising 3 groups of 7 with high, medium and low yield (this latter group including dry cows). The blood samples were collected by local veterinarians into vacutainers without anticoagulant added. All samples were collected between 10.00 a.m. and 1.00 p.m. The separation of serum and the analysis for inorganic phosphorus normally took place the day after sample collection.

The mean phosphorus levels of the herds were related to herd reproductive performance. Data on feeding, yield and reproductive parameters were obtained from herd recording files and fertility statistics. The following reproductive parameters were registered during a period from 6 months before, to 9 months after, the time of blood sampling:

I - Number of animals inseminated

- CFI<sub>11</sub> Average number of days from calving to first insemination
- CLI Average number of days from calving to last insemination
- $BP_{11}$  Average length of the breeding period ( $BP_{11} = CLI - CFI_{11}$ )
- NIA Average number of inseminations pr. animal inseminated
- RRO-3 Return rate 0-3 days after insemination
- NR60 Non-return rate 60 days after insemination
- AC Number of animals culled due to infertility
- FS Fertility status index expressed by the formula:

$$FS = \frac{\left[\frac{NR60 + RRO-3}{NIA} - (CLI-125)\right] \times (1-AC)}{I}$$

## Analysis of phosphorus

Plasma and serum inorganic phosphorus was analyzed by a Technicon Auto-Analyzer

according to a photometric method based on the reduction of phosphomolybdate with stannous chloride (Technicon method No. SE-4-0004 FH4). Results are expressed as mmol/l plasma or serum.

#### Statistical analysis

The General Linear Model from Statistical Analysis System (SAS 1985) was used. Correlation analysis (Spearman correlation coefficient,  $r_s$ ) was used to assess the relationship between phosphorus levels and reproductive parameters. Results from Group I were analyzed by the following model:

 $Yijk = \mu + Hi + Mj + Lk + aP + Eijk$ 

- Yijk = the ijkth fertility criterion to be studied
- $\mu$  = general mean
- Hi = effect of the ith herd (i =  $1 \dots 17$ )
- Mj = effect of the jth calving month (j =  $1 \dots 12$ )
- Lk = effect of the kth number of lactation (k = 1 .... 9)
- aP = phosphorus level, mmol/l
- Eijk = residual random term

Results from Group II were analyzed by the following model:

$$Yij = \mu + Ci + Mj + aP + Eij$$

where:

- Yij = the ijth herd fertility criterion to be studied
- $\mu$  = general mean
- Ci = effect of the ith kg concentrates given at 1st insemination
- Mj = effect of the jth kg milk produced at 1st insemination

aP = phosphorus level, mmol/l

Eij = residual random term

## Results

In Group I, the fertility was on average close to normal for Norwegian dairy cows (Tables 1 and 2). In Group II, fertility was conside-

	Overall her		
Variables <sup>1)</sup>	Group I         Group II           (n = 17)         (n = 47)	Country means	
IP	1.51 ± 0.08 (plasma)	1.77 ± 0.16 (serum)	_
CFIII	75.8 ± 17.7	$71.3 \pm 12.4$	77
CLI	99.2 ± 9.6	$109.9 \pm 19.4$	102
BPII	19.9 ± 6.4	38.6 ± 17.6	25
NIA	$1.63 \pm 0.20$	$2.30 \pm 0.76$	1.8
NR60	66.9 ± 8.9	47.3 ± 15.9	61.6
FS	68.6 ± 13.3	$42.6 \pm 24.8$	60

Table 1. Overall herd means  $\pm$  SD for inorganic phosphorus and reproductive parameters in Group I and II for the period between 1/1/83 and 31/3/84. Country means for the same period are included for comparison (data supplied by the Norwegian Red Cattle Association).

1)	IP	=	Mean	level	of	inorganic	phosphorus	(mmol/l)	
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 $CFI_{II}$  = Average number of days from calving to first insemination

CLI = Average number of days from calving to last insemination

 $BP_{II}$  = Average length of breeding period ( $BP_{II}$  = CLI-CFI<sub>II</sub>)

NIA = Average number of inseminations per animal inseminated

NR60 = Non-return rate 60 days after insemination

FS = Fertility status, an integrated index

Table 2. Means $\pm$ SD for inorganic phosphorus and reproductive parameters
in 262 animals which conceived after calving (Group I).

Variables <sup>1)</sup>	means $\pm$ SD		
IP	$1.55 \pm 0.22$		
CFI	80.1 ± 22.2		
CC	99.0 ± 35.4		
BPI	$18.9 \pm 30.5$		
NIC	$1.63 \pm 0.97$		

1) IP = Inorganic phosphorus in plasma expressed as a mean of samples collected from 0-90 days after calving mmol/l

CFI<sub>1</sub> = Number of days from calving to first insemination

CC = Number of days from calving to conception

 $BP_1$  = Length of the breeding period ( $BP_1 = CC - CFI_1$ )

NIC = Number of inseminations per conception

rably lower than that which is regarded as normal (Table 1).

The overall mean phosphorus levels of the herds were  $1.51 \pm 0.08 \ (\pm SD) \ mmol/l$  plasma and  $1.77 \pm 0.16 \ (\pm SD) \ mmol/l$  se-

rum for Group I and II, respectively (Table 1). The average phosphorus level among individual animals (n = 262) in which phosphorus levels were related to various fertility criteria was  $1.55 \pm 0.22$  (±SD) mmol/l

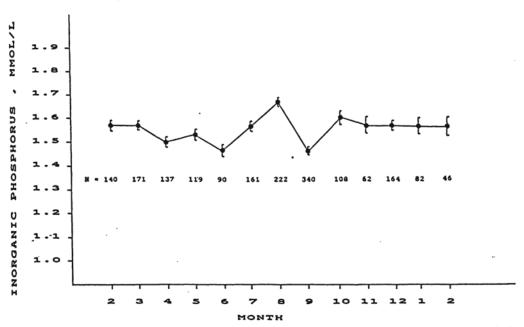


Figure 1. Mean levels of inorganic phosphorus in plasma related to month of sampling in Material I. Vertical bars represent standard errors. A total of 1.842 samples were analyzed (n = number of observations).

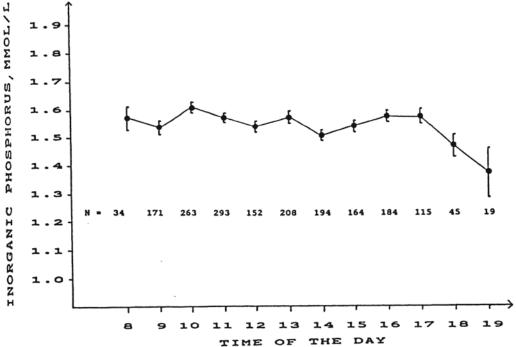
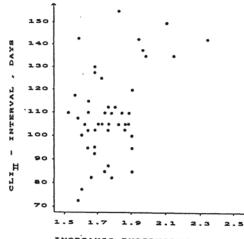


Figure 2. Mean levels of inorganic phosphorus in plasma of samples collected at different times of the day in Material I. Vertical bars represent standard errors. A total of 1.842 samples were analyzed (n = number of observations).

plasma (Group I) (Table 2). The mean phosphorus levels remained stable during the winter season. Though some variation was observed during the summer season, no consistent pattern was observed (Fig. 1). Only small variations were observed when mean phosphorus levels in Group I were related to the time of sampling during the day (Fig. 2). A tendency of positive correlation was observed between number of days from calving to first insemination (CFI<sub>1</sub>), number of days from calving to conception (CC) and mean phosphorus levels for individual animals in Group I (n = 262,  $r_s = 0.11$ , p < 0.10 and  $r_s$ = 0.10, p < 0.10, respectively). Herd fertility results in Group I were, however, not significantly correlated with average phosphorus levels of the herds.

In Group II, significant correlations were observed between the fertility status index (FS), average number of days from calving to last insemination (CLI) and the mean



**INORGANIC PROSPHORUS.** MMOL/L Figure 3. Correlation between mean level of inorganic phosphorus in serum and average number of days from parturition to last insemination in 47 herds with reproductive problems (Material II). y = 54.6\*X + 13.3,  $r_s = 0.31$ 

phosphorus levels of the herds ( $r_s = -0.32$ , p < 0.05 and  $r_s = 0.31$ , p < 0.05, respectively) (Fig. 3).

Analysis of variance on the Group I data revealed a minor but significant relationship between phosphorus level and the interval from calving to conception (CC). Calving month was significantly related to all fertility criteria studied. The herd factor was significantly related to the number of days from calving to first insemination (Table 3). No significant relationship was found between phosphorus levels and length of the breeding period, nor between phosphorus levels and number of inseminations per conception.

In Group II, phosphorus levels explained 18.0% (p<0.001), 15.2% (p<0.01) and 14.1% (p<0.01) of the variation in the average number of days from calving to last insemination (CLI), the length of the breeding period (BP<sub>1</sub>) and the fertility status index (FS), respectively (Table 4).

### Discussion

In Group II, herd fertility results for a period of 15 months were related to mean *phosphorus* levels from one single screening of the herds during the indoor winter season. The results obtained in Group I indicate that the mean *phosphorus* levels are fairly stable throughout the year, especially during the indoor winter season (Fig. 1). A majority of the inseminations in Group II were performed during the indoor season (79%). This indicates that a single screening of the herds suffices to reveal the true phosphorus status during the main breeding period, as also suggested by *Hewett* (1974).

The samples in Group I were collected irrespective of the time of the day. Levels of inorganic phosphorus are to some extent related to the carbohydrate metabolism. During increased carbohydrate utilization, levels tend to decrease, and during fasting, an

 Table 3. Level of significance and percentage of total variation for the effects of each factor and model used.

 The table comprises observations on 262 animals which conceived after calving (Group I).

Fertility	Lev	el of significance <sup>2)</sup> a	nd percentage of t	otal variation	
criterion1)		Par	tial effects3)		
	Herd	Calving month	Lactation no.	Phosphorus level	Model
CFI <sup>II</sup>	17.2***	8.5*	n.s.	n.s.	30.3***
CCL	n.s.	9.1*	n.s.	2.3*	21.4*
BP <sub>1</sub>	n.s.	8.4*	n.s.	n.s.	21.3*
NIC	10.6*	n.s.	n.s.	1.9*	23.4**

1)  $CFI_1$  = Number of days from calving to first insemination

CC = Number of days from calving to conception

 $BP_1$  = Length of the breeding period ( $BP_1$  = CC-CFI<sub>1</sub>)

NIC = Number of inseminations per conception

2) Level of significance:

$$= p < 0.05, ** = p < 0.01, *** = p < 0.001, n.s. = not significant$$

3) (Variable sum of squares type III/total sum of squares)×100; by SAS (1982): PROC GLM

Table 4. Level of significance and percentage of total variation for independent variables (kg concentrates, yield, phosphorus level) and the model used. Observations on 47 herds were included (Group II).

Fertility	Level of signific			
criterion <sup>1)</sup>		Partial effects3)		
	Kg concentrates at 1st insemination	Yield at 1st insemination	Phosphorus level	Model
CFIII	16.3**	n.s.	n.s.	21.2*
CLI	7.1*	n.s.	18.0***	27.7**
BPII	n.s.	n.s.	15.2**	18.2*
FS	n.s.	n.s.	14.1**	19.6**

1)  $CFI_{II}$  = Average number of days from calving to first insemination

CLI = Average number of days form calving to last insemination

 $BP_{II} = Length of the breeding period (BP_{II} = CLI - CFI_{II})$ 

NIA = Average number of inseminations per animal inseminated

NR60 = Non return rate 60 days after insemination

FS = Fertility status index

2) Level of significance:

\* = p < 0.05, \*\* = p < 0.01, \*\*\* = p < 0.001, n.s. = not significant

3) (Variable sum og squares type III/total sum of squares)×100; by SAS (1982): PROC GLM.

increase is usually observed (*Simesen* 1980). The practical implication of this is, however, uncertain. The results obtained in Group I indicate some variation during the day (Fig. 2). This variation is probably only slight and of minor practical importance, especially

when mean values of several samples collected at different times of the day were used to study the relationship between phosphorus levels and fertility (Group I).

The overall mean phosphorus levels in both materials (Table 1) were within normal ranges (*Simesen* 1980), though levels were considerably higher, and the variation among herds greater, in Group II than in Group I. The fact that the herds in Group II were recruited from a larger geographical area could explain some of the variation observed. Also, the overall means of the herds were calculated differently for the 2 groups.

The higher levels observed in Group II could to some extent have been a result of sample treatment. Samples from Group II were stored for at least 24 h before separation of the serum, while samples from Group I were separated immediately. A certain leakage of inorganic phosphorus from the erythrocytes to the serum is likely to occur during storage (*Bogin et al.* 1982). The magnitude of this leakage may be of importance when comparing the 2 groups, though probably not within the groups (*Refsdal* 1983, unpublished data).

Although the variance contribution from phosphorus levels on the variation of different fertility criteria was very low in Group I (Table 3), increasing levels of phosphorus were associated with decreased fertility in both groups. This agrees with results obtained by *Reisshauer* (1971) who reported a marked negative correlation between serum inorganic phosphorus and fertility. In later studies, *Hewett* (1974) and *Lotthammer* (1974) came to the same conclusion.

Bogin et al. (1982) reported that the difference between inoganic phosphorus in serum and whole blood ( $\delta$ Pi) was significantly related to fertility while serum phosphorus was not. The authors do not give any reasonable explanation for this phenomenon, but suggest that  $\delta Pi$  is more sensitive to metabolic changes than is serum inorganic phosphorus. In recent years, several authors have reported the absence of a relationship between phosphorus levels and fertility (*Parker & Blowey* 1976, *Noller et al.* 1977, *Carstairs et al.* 1980, *Larsson et al.* 1980).

When compared to normal ranges suggested by *Rogers et al.* (1986), the mean phosphorus values obtained in the present study, especially in Group I, were in the lower range of normal variation (lower limit = 1.35mmol/l plasma). The values obtained in Group II were comparable with the values obtained by *Parker & Blowey* (1976) (overall mean = 1.75 mmol/l plasma), *Reisshauer* 1971 (overall mean = 1.83 mmol/l serum), *Hewett* 1974 (overall mean = 1.84 mmol/l plasma) and others.

The present results are not necessarily in conflict with reports which claim that low dietary phosphorus intake and serum phosphorus values are associated with reduced fertility (*Svanberg & Sandstedt* 1944, *Hignett & Hignett* 1951 and 1952, *Morrow* 1969, *Cates & Christensen* 1983) since the amounts of phosphorus supplied in the cited studies were probably lower than those in the present investigation. *Morrow* (1969) reported mean serum phosphorus levels as low as 1.26 mmol/l in a phosphorus deficient group. The other studies involved were feeding experiments, and no blood samples were collected.

In conclusion, the results of this study indicate that a negative relationship may exist between serum or plasma levels of inorganic phosphorus and fertility in Norwegian dairy cows. The overall mean phosphorus levels were considered normal in both groups, although herds with reproductive problems (Group II) had considerably higher herd mean levels than herds with normal reproductive results (Group I). Although the results showed a negative relationship between phosphorus levels and fertility, one should keep in mind that phosphorus only explained a small part of the total variation of the reproductive parameters studied. The value of phosphorus determination as an aid in the study of reproductive disorders therefore seems limited.

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#### Sammendrag

Fruktbarhetsresultater hos ku relatert til fosfornivå. Nivåene av uorganisk fosfor ble relatert til fruktbarhetsresultater i to grupper. Gruppe I omfattet 305 kyr fra 17 besetninger med normale fruktbarhetsresultater. Besetningene ble besøkt hver andre til fjerde uke, og det ble tatt blodprøve fra kyr fra 4 uker før forventet kalving til konstatert drektighet.

Gjennomsnittlig fosfornivå i plasma for prøver samlet i perioden 0-90 dager etter kalving hos kyr som ble drektige (n = 262), ble relatert til fruktbarhetsresultatene hos enkeltkyr. Gruppe II omfattet 47 besetninger med fruktbarhetsproblemer. Det ble tatt blodprøver i besetningene en gang i løpet av innefôringsperioden. Fruktbarhetsresultatene for besetningene ble registrert i en periode fra 6 måneder før til 9 måneder etter at blodprøver ble tatt. Gjennomsnittlig fosfornivå for besetningene var  $1.51\pm0.08$  mmol/l plasma ( $\pm$ SD) (Gruppe I) og 1.77 $\pm$ 0.16 mmol/l serum ( $\pm$ SD) (Gruppe II). Det var en tendens til negativ sammenheng mellom fruktbarhet og fosfornivå i Gruppe I. I Gruppe II var det signifikante korrelasjoner mellom FS-tall, gjennomsnittlig avstand fra kalving til siste inseminasjon og fosfornivå (henholdsvis r<sub>s</sub> = -0.32 p <0.05 og r<sub>s</sub> = 0.31 p <0.05).

Det blir konkludert med at gjennomsnittsnivåene for fosfor i besetningene i begge grupper var innenfor det normale variasjonsområdet. Selv om det var tendens i begge grupper til en negativ sammenheng mellom fosfornivå og fruktbarhet, var det bare en liten del av den totale variasjon som kunne forklares med fosfornivå.

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