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# Blood pressure and heart rate during ovariohysterectomy in pyometra and control dogs: a preliminary investigation

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## Abstract

**Background:** Surgery causes a stress response, a physiologic response to trauma. The intraoperative surgical stress response in dogs diagnosed with pyometra has not previously been described. The aim of this study was to investigate the intraoperative surgical stress response, assessed by blood pressure and heart rate measurements, in dogs diagnosed with pyometra and healthy controls. All dogs were premedicated with acepromazine and methadone, anaesthesia was induced with propofol and maintained with isoflurane, where after the dogs were subjected to ovariohysterectomy.

**Results:** Eight dogs diagnosed with pyometra and eight healthy controls were used. Systolic blood pressure and heart rate were measured to assess the surgical stress response. Additionally propofol dosage at induction of anaesthesia and the end-tidal isoflurane concentration were investigated. The surgery was split into four phases. Phase 0 was the period 10 min before the skin incision, phase 1 was skin incision and opening of abdomen, phase 2 was manipulation of uterine horns, lifting of the ovary with stretching of the mesovarium, ligation and transection of mesovarium and phase 3 was ligation and transection of cervix, removal of organs and closing of the abdomen. Dosage of propofol at induction of anaesthesia was  $3.6 \pm 1$  mg/kg in dogs with pyometra and  $4.1 \pm 1$  in healthy controls (P = 0.37). In both groups, systolic blood pressure increased between phase 1 and 2, from  $87 \pm 15$  to  $114 \pm 19$  mmHg in dogs with pyometra, and from  $88 \pm 18$  to  $106 \pm 20$  mmHg in healthy controls, (both P < 0.0001). Systolic blood pressure did not differ significantly between groups in any of the phases. Heart rate and end-tidal concentration of isoflurane did not differ significantly between phases or between groups.

**Conclusions:** The increased blood pressure at removal of ovaries during ovariohysterectomy suggests a pronounced noxious stimulus at this part of the procedure. In principle, the study parameters and response to surgery did not differ significantly between dogs with pyometra and healthy controls.

Keywords: Surgical stress, Blood pressure, Heart rate, Canine, Pyometra, Isoflurane, Acepromazine, Methadone

## Background

Pyometra is a common disease in intact bitches. In a study of insured dogs in Sweden approximately 25% of females were affected by pyometra before 10 years of age [1]. Protective and risk-factors may vary between breeds as there are differences in incidence rates between breeds [2-5]. Surgery is curative of the disease. In animals subjected to surgery, the noxious stimuli caused by the

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procedure triggers a stress response [6-8] which can be used for assessment and evaluation of surgical methods and anaesthetic protocols [9-14]. The stress response is a physiological response to trauma or surgery and is generally considered to be proportional to the degree of surgical trauma [15-18]. Physiological parameters such as heart rate and blood pressure can be used as surrogate measure of the stress response and there are studies of the perioperative surgical stress response in healthy female dogs subjected to neutering [11, 19-27]. However, the effect of pyometra on the intraoperative surgical



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stress response is not known. It may be expected that patients affected by pyometra and endotoxemia [28–33] will differ in intraoperative hemodynamic response compared to healthy dogs due to the effects on circulation of the endotoxins [34–36]. Based on previous studies, we hypothesized that noxious stimuli at removal of ovaries would cause systolic blood pressure to peak, regardless if pyometra was diagnosed or not. The aim of this study was to investigate the intraoperative surgical stress response, assessed by blood pressure and heart rate measurements, in dogs diagnosed with pyometra and healthy controls, all of which were subjected to ovariohysterectomy (OHE).

## Methods

### Animals

The study population consisted of female privately owned dogs admitted to the University animal hospital for surgical treatment, OHE, due to pyometra. Dogs of different breeds and ages were included (Table 1). All dogs were examined by an experienced veterinarian and diagnosis was confirmed with ultrasound and/or radiographs. The control group consisted of eight female privately owned dogs that were confirmed healthy by owner interview and clinical examination and that were admitted for elective OHE at the owners' request (Table 1). The Uppsala Animal Ethics Committee, Sweden and Swedish Board of Agriculture approved the study (C 127/10).

#### Anaesthesia

Acepromazine and methadone were used for sedative premedication (Table 2). Carprofen was given preoperatively or immediately at end of surgery. Postoperatively, methadone hydrochloride was administered subcutaneously every 6 h for the first 24 h. Anaesthesia was induced by intravenous administration of propofol (PropoVet Multidose, 10 mg/ml, Orion Pharma Animal Health) given to effect at approximately 4 mg/kg and maintained with inhalation of isoflurane mixed in air at 2–3%. Oxygen and air mixture at approximately 50% was used at a flow of approximately 20–40 ml/kg/min in a circle breathing system. The dosage of isoflurane was controlled by an experienced and qualified veterinary nurse who monitored the anaesthesia. All dogs breathed spontaneously. The setting of the vaporizer was aimed at maintaining the dog anesthetized at surgical plane of anaesthesia (stage 3, plane 2). Depth of anaesthesia was judged by subjective assessment of the muscular tonus of the jaw, position of the eyeballs, dilation of the pupils, and the response to surgery.

The end-tidal isoflurane concentration heart rate and blood pressure were recorded using a multi-parameter anaesthetic monitoring device (LifeWindow 6000, Digicare Biomedical Technology, Boynton Beach, FL, USA). Non-invasive arterial blood pressure and heart rate were monitored by use of an oscillometric method. An automatic pneumatic cuff, with a width to circumference ratio of approximately 0.4, was wrapped around the distal forelimb and connected to the monitoring device. Data were registered once per minute following induction of anaesthesia until completion of surgery. Data was transferred to an Excel file (Microsoft Office) and all data points were included in the analysis.

### Surgery

The dog was placed in dorsal recumbency and the animal's abdomen was clipped and scrubbed. A ventral midline incision 2–3 cm cranial to the umbilicus was made and extended caudally and the abdomen was opened. The uterus was located, the ovaries were identified and a hole

Table 1 The age and body weight of the 16 dogs included in the study and duration of phases (mean  $\pm$  standard deviation)

Dogs	n	Age (years)	Weight (kg)	Phase 0 (min)	Phase 1 (min)	Phase 2 (min)	Phase 3 (min)
Pyometra	8	$5.4 \pm 2$	$22.7 \pm 13$	$10 \pm 0$	$6.9 \pm 5$	$14.0 \pm 6$	16.6±6
Controls	8	$4.7 \pm 2$	$17.5 \pm 7$	$10 \pm 0$	$7.8 \pm 4$	$12.9 \pm 4$	$20.0 \pm 8$

Age, bodyweight and duration of phases did not differ between groups (Student's t test, P > 0.05)

Table 2 Drugs used for premedication and anesthesia of the 16 dogs included in the study	Table 2 Drugs used for	premedication and ane	esthesia of the 16 do	gs included in the study
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Drug	Indication	Dosage	Trade name	Route
Acepromazine	Sedative	0.03 mg/kg	Plegicil vet, Vericore Ltd	Intramuscular
Carprofen	Analgesic	4 mg/kg	Rimadyl vet, Pfizer ApS	Subcutaneous
Methadone hydrochloride	Analgesic	0.2 mg/kg	Metadon Recip, Recip AB	Subcutaneous
Propofol	General anesthesia	To effect	PropoVet Multidose, Orion Pharma Animal Health	Intravenous
Isoflurane	General anesthesia	To effect	Isoba vet, Schering-Plough A/S	Inhalation

was made in the mesovarium. Haemostat forceps were placed across the ovarian pedicle. Forceps were repositioned distally (closer to the ovary) to expose the compressed mesovarial tissue and one or two ligatures were placed and tied. An absorbable suture size 2–0 or 3–0 was used for ligation. The ovarian pedicle was cut between the distal ligature and the forceps. A ligature was also placed over the broad ligament. The procedure was repeated on the contralateral side. The uterine body was ligated at the cranial tip of the cervix, the tissue was transected and the uterus was removed. The ligated tissue was observed and verified for hemostasis. The abdominal wall was closed in three layers (*linea alba*, subcutaneous tissue and skin).

#### Protocol for data analysis

A protocol was designed for analysis of the different parts of the surgery. For comparison and evaluation of the cardiovascular response the surgery was split into four phases: 10 min immediately before skin incision (phase 0), skin incision and opening of abdomen (phase 1), manipulation of uterine horns, ligation and transection of mesovarium (phase 2), ligation of cervix, removal of organs and closing (phase 3). Other actions by the surgeon that could affect the surgical stress response were noted in the protocol, i.e. application of forceps or diathermy. The exact time when all parts of the surgical procedures that represented each phase were performed were noted in the protocol. The recorded data was thus labelled by phase.

#### Statistics

Student's t test (two-sided, unequal variance) was used (Excel, Microsoft Office) for comparison of age, body weight, dosage of propofol and duration of phases between the groups (Tables 1, 5). Remaining statistical analysis was performed with the statistical program SAS (Cary, NC, USA). No serious deviations from normality were detected. The effects of surgery on heart rate, systolic blood pressure and end-tidal concentration of isoflurane in each phase were analysed using mixed linear models for repeated measures data [37, 38]. The least square means (LSMean) and standard error of least square means were computed and compared within and between groups (Procedure mixed) for each phase. Significant differences were calculated comparing LSMean with Tukey-Kramer's adjustment for multiplicity. Results are reported as mean and standard deviation (SD) of each phase (Tables 3, 4, 5). P < 0.05 was considered significant for the analyses.

#### Results

Age and body weight (Table 1) did not differ significantly between the groups (P = 0.6 and 0.3, respectively). There were no significant differences between the groups' corresponding phases in systolic blood pressure, heart rate

Diagnosis	n	Phase 0	Phase 1	Phase 2	Phase 3
Pyometra	8	$87.1 \pm 17$	$86.8 \pm 15$	$114.5^{a,b} \pm 19$	$101.2 \pm 17$
Control	8	$77.6 \pm 12$	$88.5 \pm 18$	$105.6^{a,b} \pm 20$	$98.8^{a}\pm21$

Data was compared by the mixed procedure (SAS) with Tukey-Kramer's

adjustment ( $\ell < 0.05$ ). There were no significant differences between the groups' corresponding phases

<sup>a</sup> Differ significantly compared with phase 0

<sup>b</sup> Differ significantly compared with previous phase

Table 4 Heart rate (Mean  $\pm$  standard deviation, beats per minute) in control dogs and dogs diagnosed with pyometra that were subjected to ovariohysterectomy

Diagnosis	n	Phase 0	Phase 1	Phase 2	Phase 3
Pyometra	8	$95.3 \pm 18$	$91.8 \pm 17$	$106.8 \pm 15$	$106.5 \pm 15$
Control	8	$89.5 \pm 22$	$91.5 \pm 22$	$89.6\pm20$	$95.2 \pm 19$

Data was compared by the mixed procedure (SAS) with Tukey–Kramer's adjustment (P < 0.05). There were no significant differences compared to previous phase or between the groups' corresponding phases

or concentration of anaesthetic gas. Duration of phases 0-3 for pyometra and control dogs did not differ significantly between groups (P = 1.0, 0.7, 0.7 and 0.3 respectively; Table 1).

The values for systolic blood pressure, heart rate and end-tidal concentration of isoflurane are given in Tables 3, 4 and 5, respectively. In both groups the systolic blood pressure (Table 3) did not change significantly at opening of the abdomen (phase 0–1) but increased between phase 1 and 2 (both P < 0.0001). Neither heart rate, nor end-tidal concentration of isoflurane, changed significantly during the procedures in any of the groups (Tables 4, 5). Dosage of propofol was 10% below the manufacturer's recommended dosage (4 mg/kg) in the dogs with pyometra. The dosage did not differ significantly between the groups (P = 0.37; Table 5).

The surgeries were performed in total by seven different surgeons whereof two surgeons were involved in the control group and six in the pyometra group. In both groups, the ovarian pedicle was single ligated in six dogs and was double ligated in two dogs at removal of ovaries.

One dog in the pyometra group was given carprofen before surgery whereas six dogs were given carprofen immediately at end of the surgery. Of the control dogs seven dogs were given carprofen before surgery whereas one dog was given carprofen immediately at end of surgery. One dog in the pyometra group was on meloxicam treatment, no NSAID was given to that dog at day of surgery.

Diagnosis	n	Propofol induction	Isoflurane phase 0	Isoflurane phase 1	Isoflurane phase 2	Isoflurane phase 3
Pyometra	8	$3.6 \pm 1$	$1.9 \pm 0.3$	$1.8 \pm 0.3$	$2.1 \pm 0.3$	$2.0 \pm 0.2$
Control	8	$4.1 \pm 1$	$2.2 \pm 0.3$	$2.0 \pm 0.2$	$2.1 \pm 0.2$	$1.9 \pm 0.2$

Table 5 Dosage of propofol (mg/kg) and end-tidal concentration of isoflurane, % (Mean  $\pm$  standard deviation) in control dogs and dogs diagnosed with pyometra that were subjected to ovariohysterectomy

Dosage of propofol was compared between groups with student's t test (P = 0.37). Data for end-tidal concentration of isoflurane was compared by the mixed procedure (SAS) with Tukey–Kramer's adjustment (P < 0.05). There were no significant differences compared to previous phase or between the groups' corresponding phases

#### Complications

In one dog in the control group an intraoperative haemorrhage from a single ligated ovarian pedicle was observed. The ovarian pedicle was swiftly re-ligated, haemostasis was confirmed and blood loss was not considered significant.

In another control dog a postoperative haemorrhage was suspected. The dog was re-anesthetized, the abdomen was opened and haemorrhage was observed from the left ovarian pedicle which had been single ligated. The ovarian pedicle was re-ligated, the abdomen closed and the dog recovered uneventfully.

One dog in the control group developed diarrhoea after 2 days on carprofen and the drug was discontinued. In another dog in the control group a wound infection was suspected. Antibiotics were prescribed and the dog recovered uneventfully. All dogs in the pyometra group recovered uneventfully.

#### Discussion

In this study, the intraoperative surgical stress response in dogs diagnosed with pyometra and controls was assessed by measurements of systolic blood pressure and heart rate. The response did not differ significantly between groups. In both groups there was a peak of blood pressure at removal of ovaries which is in agreement with other studies of surgical stress in dogs subjected to OHE [11, 19, 25–27]. This part of the procedure, ligation of the mesovarium and removal of ovaries, caused a significant increase in blood pressure, regardless if the dogs were diagnosed with pyometra or not. Removal of ovaries is considered maximum noxious stimuli during a bitch spay [11, 25]. Attempts to reduce the noxious stimuli at removal of the ovaries by adding local anaesthetic to the mesovarium has been investigated with no proven benefit in dogs [21], while a positive effect was reported in a study in cats [39]. As results of these previous studies on local anaesthesia of the mesovarium are in conflict, further studies on targeted analgesia are needed. Less surgical stress at ovary removal has been reported in healthy dogs with a laparoscopic technique compared to the traditional open abdomen technique [11] and a laparoscopic-assisted technique for pyometra is described [40-42]. Furthermore, development of a new method for ligation of the mesovarium may enable a more standardized technique with potentially less noxious stimuli [43-45].

Most drugs used in the present study, except carprofen, may cause hypotension [46-48] and dogs of both groups could be considered hypotensive [49]. Acepromazine is a neuroleptic substance that blocks the post-synaptic dopamine receptors in the central nervous system (CNS). Methadone is an opiate agonist (µ-receptor agonist) and one of the potential adverse effects of methadone is bradycardia, which was an unlikely side effect at the dosage used and was not observed in the present study. The half-life of methadone is  $10.7 \pm 4.3$  h following subcutaneous (s.c.) administration, and half-life of acepromazine is 7.1  $\pm$  1.3 h following intravenous (i.v.) administration [50, 51]. There may have been some variation in time between premedication and induction of anaesthesia, but this variation was assumed to be small in comparison to the half-lives of the drugs. It can therefore be assumed that the intraoperative effects of the drugs were similar in both groups considering the half-lives of these drugs. The end-tidal concentration of isoflurane was stable throughout the procedures but could be considered high. A high or low isoflurane concentration has not been shown to have any effect on magnitude of blood pressure increase after stimuli in humans [47]. In another study on people, different concentrations of desflurane did not influence the endocrine response to surgery [52]. In the present study the endtidal isoflurane concentration did not differ significantly between phases or the groups' corresponding phases.

Carprofen is a weak cyclo-oxygenase (COX) inhibitor and the mechanism behind its main anti-inflammatory effect is unknown. No perioperative adverse effects on the cardiovascular system have been reported at recommended dosages [53, 54]. The usual procedure at the University animal hospital is to administer NSAID to patients affected by pyometra immediately after surgery, and not before. In contrast, the majority of the control dogs were administered NSAID before surgery. The treatment of the two groups with carprofen therefore differed and comparison between the two groups should be made cautiously. In a previous study where markers of surgical stress in dogs subjected to OHE were measured, the heart rate increased at ligation of mesovarium and removal of the ovary [25]. The same anaesthetic protocol was used in the two studies but heart rate did not increase in the present study. However, the phases were defined differently and comparisons should be made with care. In the previous study removal of one ovary represented one phase, whereas in the present study removal of both ovaries represented one phase. Removal of ovaries in the present study caused blood pressure to increase, however, the longer duration for removal of both ovaries may have allowed the baroreceptor reflex to normalise a possible initial increase in heart rate.

In one dog an intraoperative haemorrhage was observed after single ligation of the ovarian pedicle. In addition one dog was re-operated due to haemorrhage from a single ligated ovarian pedicle. The complications described in this study confirm the current recommendation that the ovarian pedicle should be double ligated [55].

There were study limitations. One limitation was the use of non-invasive blood pressure measurements. An invasive technique is considered gold standard, but with repeated measurements a reliable average of a series of systolic blood pressure readings can be obtained. Systolic blood pressure values are given as the non-invasive method may be less accurate at lower pressures [56-58]. The use of systolic blood pressure values therefore lowers the risk of measurement errors. The number of dogs used in this study was low, individual variations may have affected the results, and therefore the results should be interpreted cautiously. Another variable that could have influenced the results was the dogs' general condition. Possible endotoxemia was not investigated. Dogs with pyometra may have been affected by endotoxins which have effect on circulation [34-36]. The dogs' status of pain, their blood pressure or the possible influence of endotoxins before surgery may have varied between dogs. No measurements of heart rate or blood pressure or scoring of pain were made before or after surgery. However, there were no significant differences between the groups' intraoperative study parameters at corresponding phases and duration of phases did not differ between groups. Furthermore, pyometra dogs may have been given crystalloid fluids i.v. preoperatively and the exact timing is not known, which is an additional study limitation. However, if fluids were administered preoperatively, the effect on study parameters was considered to be minor as administration of isotonic fluids has little effect on arterial blood pressure according to a study on healthy dogs [59]. Extrapolation of results to dogs with concurrent disease should be done cautiously. There were seven different surgeons involved, which may have caused disparity in tissue handling and surgical technique. However, in a previous study no effect was seen on blood pressure changes of covariate surgeon [11]. This was considered to be in agreement with a study which demonstrated no effect of surgeon experience and duration of surgery on post-operative pain [60]. The person handling the anaesthesia was not aware of study aim or study parameters, but was not blinded to diagnosis, which may be considered a study limitation. The judgment of depth of anesthesia is partly subjective and deep planes of anesthesia may have been a reason for the observed low blood pressure. End-tidal concentration of isoflurane did not change significantly and did not differ between groups, but dosage requirements of end-tidal isoflurane concentration may differ between individuals. Furthermore, variations in carbon dioxide levels and body temperatures may affect the cardiovascular system. Neither of these parameters were evaluated, which is another study limitation.

#### Conclusions

In principle, the study parameters and the response to surgery did not differ significantly between corresponding phases of the groups. Blood pressure increased at removal of the ovaries, both in dogs diagnosed with pyometra and healthy controls that were subjected to OHE under isoflurane anaesthesia and premedicated with acepromazine and methadone. Blood pressure did not differ significantly between the groups' corresponding phases. Heart rate and end-tidal concentration of isoflurane did not change significantly during the procedure and did not differ significantly between groups.

#### Authors' contributions

OVH performed several of the surgeries and was involved in the design of the study. JL recorded and managed data for statistical analysis. UO was responsible for statistical analysis. KH was involved in data analysis. All authors were involved in writing of the manuscript. All authors read and approved the final manuscript.

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#### **Competing interests**

OVH has invented, developed and patented [61, 62] an implant for surgical ligation, the LigaTie<sup>®</sup>, which has been tested for ligation of the ovarian pedicle. The implant was not used in this study. The other authors declare that they have no competing interests.

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